

Program

■ Special Lecture 1

Odyssey and future of Comprehensive Health Checkup System (Ningen Dock) and IHEPA

Chair: Yukito Shinohara (Professor Emeritus of Tokai University / Honorary President of KKR Tachikawa Hospital, Japan)

Special Comment: Vicki L. Shambaugh (Pacific Health Research Education Institute, USA)

Speaker: Toshio Kushiro (The Hinohara Memorial Clinic, Japan)

■ Special Lecture 2

Extracellular microRNAs as a novel liquid biopsy for early detection of cancer

Chair: Takashi Wada (Health Science, Jikei University Graduate School of Medicine, Japan)

Speaker: Takahiro Ochiya (Department of Molecular and Cellular Medicine, Tokyo Medical University, Japan)

■ Special Lecture 3

Invention and practical application for cancer-detecting test, N-NOSE

Chair: Hiroya Kumamaru (Health Care Centre of AOI Universal Hospital, Japan)

Speaker: Takaaki Hirotsu (HIROTSU BIO SCIENCE INC., Japan)

■ Special Lecture 4

Quo Vadis for the Japanese Style Ningen Dock Health Checkup System?

Chair: Toshio Kushiro (The Hinohara Memorial Clinic, Japan)

Speaker: Yukito Shinohara (Professor Emeritus of Tokai University / Honorary President of KKR Tachikawa Hospital, Japan)

■ Special Lecture 5

Establishing clinical evidences for health and well-being via analysis of health checkup big data

Chair: Shigeo Hinohara (Shin Akasaka Clinic, Japan)

Speaker: Hirohito Sone (Department of Hematology, Endocrinology and Metabolism, Niigata University Faculty of Medicine, Japan)

■ Symposium 1

How to Utilize Genetic Information in Life Style Modification

Chairs: Vicki L. Shambaugh (Pacific Health Research Education Institute, USA)

Akira Ogami (Department of Work Systems and Health, Institute of Industrial Ecological Sciences, University of Occupational and Environmental Health, Japan)

Speakers: Bradley J. Willcox (Kuakini Medical Center and Pacific Health Research and Education Institute, USA)

From Polygenic to Omnigenic: A New View of Human Longevity From The Discovery of a *FOXO3* Driven Gene Hub on Chromosome 6

Richard Allsopp (Department of Anatomy, Biochemistry and Physiology, University of Hawaii, USA)

The longevity associated allele of *FOXO3* protects against telomere attrition during aging

Junichi Taguchi (Tokyo Midtown Clinic, Japan)

Application of genetic information to preventive medicine: Engagement of Japan Society of Ningen Dock

Takashi Yamagami (Hokuriku Health Service Association, Japan)

Problems of genetic examination about polygenic diseases

■ Symposium 2

Evidence-based Ningen Dock Health Checkup System : Current Issues and Future Strategies

Chairs: Bradley J. Willcox (Kuakini Medical Center and Pacific Health Research and Education Institute, USA)

Junichi Kaburaki (Preventive Health Care Center, Kamiitabashi Hospital, Japan)

Speakers: Junichi Kaburaki (Preventive Health Care Center, Kamiitabashi Hospital, Japan)

Efficiency of Japanese style Comprehensive Health Checkup System (Ningen Dock) and the follow-up system

Yasuhiro Nishizaki (Department of Clinical Health Science, School of Medicine, Tokai University, Japan)

Evidence-based beneficial health check-up items for super-aged society: Data analysis from the Anti-aging Health Check-up system in Tokai University Tokyo Hospital

Toshiki Fukui (Center for Preventive Medical Treatment Olive Takamatsu Medical Clinic, Japan)

Significance of continuous arteriosclerosis examination in the Ningen Dock health checkup system: Focusing on the secular change of brachial-ankle pulse wave velocity (baPWV)

Hiroki Sugimori (Department of Preventive Medicine, Daito Bunka University Graduate School of Sports and Health Science, Japan)

Evidence-based Ningen Dock Health Checkup System: Current issues and Future strategies

■ Sponsored Seminar 1

Current State of Health Checkup System in China

Chair: Katsuyuki Fukutake (The Japan Society of Health Evaluation and Promotion / Tokyo Medical University, Japan)

Speakers: Rong Yu (Medical Check-up Sub-Association of Chinese Non-government Medical Institution Association, China)

Current State of Health Checkup system in China

Jiren Liu (Neusoft Corporation, China)

Introduction of Xikang Cloud Hospital

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■ Sponsored Seminar 2

Current State of Health Checkup System in Taiwan

Chair: Yasuhiro Nishizaki (Department of Clinical Health Science, School of Medicine, Tokai University, Japan)

Speaker: Kuo-Chin Huang (Department of Family Medicine, National Taiwan University Hospital, Taiwan)

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